

Magical moments and memorable toddler milestones

There are a lot of exciting firsts coming up between day one and age three. We've put together a list of things to be on the lookout for between those ages. All kids are different though, so don't worry what anyone else is doing and when. Just grab the camera ready for those big milestones whenever they do spring up.

- ☆ First words
- ☆ First steps
- ☆ Independence
- ☆ Health check at 12 months
- ☆ Improved dexterity using cutlery and cups.
- ☆ Drawing... or scribbling.
- ☆ Eating finger foods.
- ☆ Their first dental check
- ☆ Biting and chewing (fingers, toes, toys, your hair etc.)
- ☆ Saying 'no'
- ☆ Pointing
- ☆ Vaccines incl. MMR, Hib/MenC, pneumococcal
- ☆ Fussy eating
- ☆ Putting words together to make short sentences
- ☆ Tantrums
- ☆ Restless sleeping
- ☆ Stacking (building towers with blocks etc.)



- ✧ Feeding themselves
- ✧ Repeating themselves
- ✧ Running and climbing
- ✧ Pushing and pulling
- ✧ Dressing themselves
- ✧ Independent play
- ✧ Longer simple sentences
- ✧ Running confidently
- ✧ Potty training
- ✧ Building friendships
- ✧ Improved balance and agility
- ✧ Changing appearance
- ✧ Using a fork
- ✧ Copying you
- ✧ Storytelling
- ✧ Fears (animals, noises)
- ✧ Self-care
- ✧ Opinions
- ✧ Motor skills

Remember, every child will develop at their own pace but if you do have concerns about your toddler's development, speak to your health visitor or GP.

